



WCNH Newsletter Fourth Quarter 2024

**We are working together to help you
feel at home!!**

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Administrative Update: Welcoming the Change of Seasons

As the days grow cooler and the vibrant colors of autumn begin to paint the landscape, we find ourselves embracing the beauty and excitement of the fall season. The crisp air, falling leaves, and shorter days remind us that change is upon us, bringing new opportunities for reflection and celebration.

Here at WCNRC, we are eagerly looking forward to all that this season has to offer. From Halloween festivities to cozy indoor activities, we are planning events that will bring joy and engagement to our residents. Our team has been busy organizing fun Halloween celebrations, including pumpkin decorating, costume contests, and themed crafts. We encourage families to join us in these activities and share in the holiday spirit!

As we prepare for the winter months ahead, our focus is on ensuring that our facility remains a warm, safe, and comfortable environment for all. We are getting ready for the first snowfall, checking heating systems, and making sure our outdoor spaces are safe and accessible. It's also a great time for families to review any winter clothing needs their loved ones may have to ensure everyone is cozy and well-prepared for the colder weather.

We are grateful for the continued support of our residents, families, and staff as we navigate the changing seasons together. Fall is a time for reflection, togetherness, and making new memories. Whether we are enjoying the colorful leaves, sipping warm drinks, or preparing for the holiday season, we are excited to share these special moments with our community.

Laundry Service Update

We have had an increase in the number of reports of missing resident personal clothing. We are continually working to improve our laundry services. Please help us by ensuring that your resident's clothing gets labelled with their name. There is a bin for this at each nurses station. In the event that your resident loses an article of clothing, please PROMPTLY report that to the nurse or social worker. The sooner we know that an article is missing, the better chance we have of finding it. We also have a facility process to find or replace lost items. If you are in need of assistance with lost items, please talk with your social worker.



In Memory

These are our residents who have passed since our last publication. Our thoughts are with their families.

Sarah Divelbliss

Richard Rising

Mary Gowdy

Patricia Decracker

Michael Wadley

Barbara Seager

Thelma Levickas

Alzheimer's Association

Alzheimer's and dementia do not come with an instruction manual, but there are resources available to help. Join us for a three part series as we discuss Alzheimer's and dementia, how to effectively communicate with someone with dementia, and learn to understand dementia and related behavior.

These seminars will be facilitated by staff trainers from the Alzheimer's Association. They will be held at our nursing home, but are also open to the public. Come meet some new faces and talk with some peers who know what you are going through!

Dates are 10/17, 10/31, and 11/14 at 2:00. If you can't come to all of them, please come to the sessions that you can. Please register by calling the Alzheimer's Association at 800-272-3900. (There is no fee for this and each participant will receive a FREE resource tote.)

alzheimer's
association

Mask Up!

As many of you know, we have had several residents and staff test positive for the CoVid virus. For this reason, we request that all visitors wear a mask while visiting the nursing home. Masks are available at the front desk. Please follow our website for the most up to date information regarding our CoVid numbers. Masking requirements are posted at our front entrance. Thank you in advance for your cooperation.

Please Vaccinate!

Vaccines are one of the safest ways to protect your health. Vaccines are safe! They go through rigorous testing before the Food and Drug Administration will authorize or approve them. Side effects from getting a vaccine are generally mild and go away within a few days. All residents are offered flu shots and CoVid booster shots. Please check with your loved one's nurse. And please check with your primary physician for yourself. We need you healthy too to help reduce the chance of you unknowingly exposing the nursing home residents to illness.



Have a concern? Let us know!!



WCNH Compliance Hotline 315-946-5674

NYS DOH Complaint Hotline 1-888-201-4563

Local Ombudsman Office (Lifespan) 585-244-8400

Resident Highlight



Meet Kim Schutt!! Kim lives on Orchard Way and originally was from North Rose. Her family includes her sister, Loretta. Kim has lived at the nursing home since 2021. She highly recommends the facility if you are looking for a nursing home. She describes herself as "happy!" Despite her medical challenges, Kim maintains an upbeat, positive attitude. If you are having a bad day and need to be cheered up, see Kim. She helps us all smile! Kim's favorite past-time is coloring. She visits our aquarium every day to sit and talk with our fish, Flipper. Kim is also an avid Bingo player. Thank you, Kim,

for being you and we are lucky to have you as part of our nursing home family!!

Staff Highlight

Meet Alicia McBride, Assistant Director of Nursing. Alicia has been a registered nurse for 12 years. She is continuing her education and is nearly completed with her bachelor's degree. She plans to go on in college and complete her master's degree. Alicia most recently worked as the nurse manager at Rochester Regional Health's Women's health services. She also has experience working in orthopedics and family medicine. Alicia chose to apply at WCNH as she was ready for a change, wanted a new challenge, still wanted to be a manager but wanted a closer commute! She lives in Clyde with her husband, daughter, and two dogs. She has a great dane and an English mastiff. She enjoys travelling, camping, and hiking. Alicia is enjoying getting to know the staff and residents. When you see her, she wants you to feel free to introduce yourself and to ask her for help!!



Thank You!!

The weather held and we had another successful Memorial Butterfly Release ceremony on August 30th. Thank you to everyone who donated to and attended this event. It was a meaningful and beautiful day!!



Let's Meet the Neighbors!

A few residents had the opportunity on Oct. 2nd to tour the new ambulance base next door. They were very impressed with the technology that is now available to help the EMT's do their job. We are looking forward to having additional tours in the future so more residents can meet our new neighbors. We also hope to plan a social call so they can come here and socialize with our residents and staff.



Request from Finance

If you need to take a large sum of money out of your resident's personal account, please give the Business Office advance notice. We do not keep large amounts of cash on hand and cannot easily handle such requests. Thank you.

Request for Donations

We are looking for donations of candy for our trick or treat event. We will be doing a Reverse Trick or Treat. Staff will be wearing costumes and going room to room. Instead of asking for candy, staff will be giving candy to the residents. If you would like to donate candy, please bring it to the Activity Department by October 25th. We are looking for soft candy only—nothing hard and nothing with nuts. Thank you in advance for your support.

Christmas will be here before we know it! We will have our annual Festival of Trees and Resident Angel Tree. The Festival of Trees is a silent bid auction to sell Christmas décor items. If you have a donation, we prefer that you register and registration is due by November 18th. The Festival will be held Dec 3rd-16th. See Michele Blair in the Activity room for details.

We have not yet set dates for the Resident Angel Tree, but names will be available in November. If you would like to sponsor a resident, please see Michele Blair or Jasmine VanWinkle in Activities.

We already have had inquiries from community groups to help us with events for Christmas. It is promising that we will have a busy, joyous holiday season!!

