

WCNH Newsletter First Quarter 2024

We are working together to help you feel at home!!

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Administrative Update

As the winter season blankets us, let's revel in the joy of shared memories and the promise of good times ahead at our beloved nursing home. Despite the chilly days, our hearts are warmed by the camaraderie that defines our wonderful community.

This season, in addition to recalling the laughter, delightful gatherings, and precious friendships of the past, we have an exciting event on the horizon – the Super Bowl! As we gear up for the big game, let's infuse our home with the spirit of friendly competition, team spirit, and of course, delicious snacks.

Join us for a Super Bowl celebration that promises to be a touchdown of fun! Whether you're a die-hard fan or just in it for the halftime show, the shared excitement will add an extra layer of warmth to our winter days.

Let's create new memories as we come together to cheer, laugh, and enjoy the thrill of the game. The Super Bowl is just one more reason for us to celebrate the bonds that make our community truly special.

Stay cozy, stay connected, and get ready to score some unforgettable moments this winter season.

Jeff

Alzheimer's Association News

Feeling alone and frustrated because you don't understand your loved one's behavior? The Alzheimer's Association is partnering with the Wayne County Nursing Home and is offering a series of seminars on dementia. Trainers who specialize in dementia will lead these classes and include topics such as brain changes due to Alzheimer's or dementia, communication strategies, and odd or aggressive behaviors. We encourage family and community members to expand your knowledge of dementia. This will help you to better partner with staff to provide loving care for your loved one. Classes will be held at our nursing home on January 18, Feb 8, and Feb 29th each from 2:00-3:00 PM. To sign up, please call the Alzheimer's Association in Rochester at 1-800-272-3900.



In Memory

These are our residents who have passed since our last publication. Our thoughts are with their families.

Mary June
Emily Straw
Florence Miller
Esther Buys
Marie Lohman
David Quagliata
Linda Scutt
Maynard Bixby
Jean Seeley
Betty Moss

Doris Houghton

We would like to extend our gratitude to the many community groups who provided gifts, cards, or flowers for our residents this Christmas:

- Marshall Farms
- First Lutheran Church
- Catholic Daughters
- Sharon Brooks- Marion Community
- Palmyra Reformed Church
- Kinney's Drugs (Lyons)
- Assemblyman Brian Manktelow
- Mary Rucchio
- Wayne Co. Office of Aging and Youth
- · Wayne Co. Public Health
- Newark Girl Scouts
- Girl Scout Troops 40043 and 41035
- S'More Paws 4H Club of N. Rose
- Gananda Rotary
- Fairville Woman's Fire Auxillary
- Newark VFW and American Legion



Thank you to "Sparky" & Sue Litteer for visiting our residents as Santa and Mrs. Clause.

Christmas

Kudos

We would also like to thank the following persons for their entries for the **Foundation's Festival of Trees**: Evolved Home Furnishings, Sandy Sloane, Sandy Graham and sisters, Anne Church, Kyra Smith, Lisa Derue, Eileen Van Norman, Hand Crafted Hugs Club, Carol Quagliata, Cathy Kallassy, Jen Marlow,

Lynette Lake, April Lake, Sheila Toles, Donna Vowell, Jack Skinner, Margie Goodman Wall, Cherie Murray and family, Marge Haroff, Terry Decola, Cherie Yager, Rebecca Granger, Michele Blair, Karen Schwab, and Cheryl Judd. The facility was so pretty for our residents and we had lots of fun with the bids.

Any Volunteers?



We are in need of volunteers to help enhance the lives of our residents. We would love to have someone do manicures for our ladies. Having someone play an instrument during meal times would also be helpful. An art class or hand bell choir are other options. If you can help in any of these areas or have other ways you can support the residents, we'd love to hear from you! Please contact Michele Blair, Residential Services Director.

Have a concern? Let us know!!

WCNH Compliance Hotline 315-946-5674 NYS DOH Complaint Hotline 1-888-201-4563

Local Ombudsman Office (Lifespan) 585-244-8400

Enjoy a new feature in the newsletters this year. We will be highlighting a resident and staff member each quarter. We hope you enjoy getting to know a few of the staff and residents.







Resident Highlight

Meet Nancy Howk. Nancy lives on Orchard Way. She is the president of our Resident Council and she has lived here for two years. Nancy was born and raised in Clyde. She met her husband, Bill, at work. They both worked at Parker Hannifin where he was a machine operator and she was his inspector. They were married for 30 years and built a house in Clyde on Anstee Rd. After Bill passed, Nany moved to Ashton Place and lived there for 11 years. She briefly lived at Newark Manor before transferring to WCNH. Nancy stated that her father had been

at the county home and she always thought that if she needed care she would want to come to this facility.

Nancy has one daughter, Ann, who lives in California. She has one grandson, Jackson, who is 11 years old and is a talented, avid baseball player. Nancy enjoys watching many of his games when they are streamed over the internet. She is very proud of her family and her eyes sparkle when she talks about her grandson!

Nancy also enjoys reading and playing Bingo. When asked what advice she could give to young adults, she says "Keep out of drugs!" Thank you, Nancy, for these words of wisdom and for leading Resident Council.

Staff Highlight

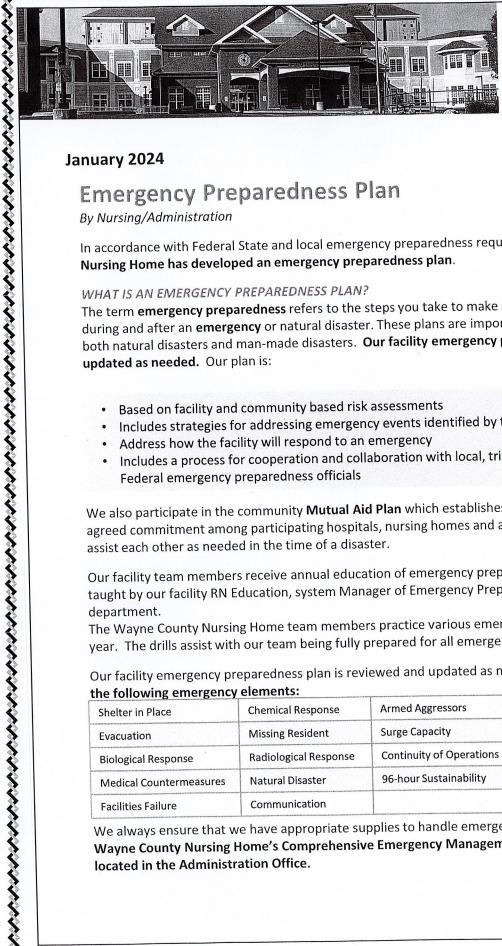
Collyn Algier started working here as a Licensed Practical Nurse in 2011. He followed his mom's footsteps in entering the health care field. After several years at WCNH, he decided to go back to school to pursue a bachelor's degree in health management. He did this through an online program at Alfred State University and completed his degree in one and a half years (while still working full-time)! With this degree, Collyn was able to be promoted to the position of **Compliance Officer** in 2021.

Collyn enjoys learning- especially the advanced college courses as they are more specialized and specific to the health care field. He has since completed his master's at Clarkson University and will be starting a second master's program in August through an online program at the University of South Florida. His goal is to obtain his Doctorate in Public Health. His dream job is to work for the World Health Organization.

When Collyn isn't working or studying, he enjoys spending time outside with his dog, Jasper. He is not a big TV watcher but enjoys reading and likes a variety of genres. His family includes his parents, twin sisters, and brother.

Collyn states that his favorite part of working at the nursing home is the residents. They live with us for a long while and we get to know them well. He enjoys his role as Compliance Officer and describes himself as an advocate for the residents and as an intermediary between the family and the facility. He is always willing to be a team player and will put in extra effort to help.

Thank you, Collyn, for supporting the staff, residents, and family members. And good luck with your next classes!!!





Jeffrey Stalker, Administrator 315.946.5671 January 2024

Emergency Preparedness Plan

By Nursing/Administration

In accordance with Federal State and local emergency preparedness requirements, Wayne County Nursing Home has developed an emergency preparedness plan.

WHAT IS AN EMERGENCY PREPAREDNESS PLAN?

The term emergency preparedness refers to the steps you take to make sure you are safe before, during and after an emergency or natural disaster. These plans are important for resident's safety in both natural disasters and man-made disasters. Our facility emergency plan is reviewed and updated as needed. Our plan is:

- Based on facility and community based risk assessments
- Includes strategies for addressing emergency events identified by the risk assessments
- Address how the facility will respond to an emergency
- Includes a process for cooperation and collaboration with local, tribal, regional, State and Federal emergency preparedness officials

We also participate in the community Mutual Aid Plan which establishes a course of action and an agreed commitment among participating hospitals, nursing homes and assisted living residences to assist each other as needed in the time of a disaster.

Our facility team members receive annual education of emergency preparedness. Our education is taught by our facility RN Education, system Manager of Emergency Preparedness, and Facilities department.

The Wayne County Nursing Home team members practice various emergency drills throughout the year. The drills assist with our team being fully prepared for all emergencies.

Our facility emergency preparedness plan is reviewed and updated as needed. Our plan includes

Shelter in Place	Chemical Response	Armed Aggressors	Explosives
Evacuation	Missing Resident	Surge Capacity	Severe Weather
Biological Response	Radiological Response	Continuity of Operations	Fire Plan
Medical Countermeasures	Natural Disaster	96-hour Sustainability	Pandemic Emergency
Facilities Failure	Communication		

We always ensure that we have appropriate supplies to handle emergencies.

Wayne County Nursing Home's Comprehensive Emergency Management Plan manuals are located in the Administration Office.