



**WCNH Newsletter  
First Quarter 2022**

**We are working together to help you  
feel at home!!**

**Jeff Stalker , Administrator  
315-946-5673**

**Administrative Updates**

We are working on many projects this year to improve the facility. We have plans in place to update our nurse call system, refurbish our cooling towers this winter, and replace our heat and hot water boilers this summer. We are also looking forward to spring plantings and fresh paint.

That said, we have had a challenging year, and I would like to thank all the residents, family, friends, and staff for their resilience and understanding, as we navigate through these unprecedented and challenging times.

My hope moving forward, is that when we look back on these challenging times, it will make our good times that much better. - Jeff

**Thank You!**

The Christmas spirit was alive and well and Wayne County Nursing Home. We would like to thank the following groups for their donations of cards of gifts for the residents: Jammies for Grammys, Fairville Community Church, ARC at 108 Cobblestone, Cross Creek Church Step Program, American Legion Post 881, Girl Scouts, Assemblyman Brian Manktelow, Marion Community, and the Alice Curatolo family. We would also like to thank all the individuals who purchased gifts for our resident angel tree. We extend our appreciation to our kitchen staff and dieticians for all the Christmas cookies (and for the other holiday treats for staff). Finally, we would like to thank the WCNH Foundation for sponsoring our musical entertainment for the resident unit Christmas parties.

**American Legion  
Post 0881**

Thank you to Bill Bol-ling, Com-mander and the Wolcott American Le-gion Post for their generous donation to our veterans. The money you sent was divided amongst our veterans for their per-sonal use.





**In Memory of our Residents.  
“Epitaph” Poem**

**When I die  
give what’s left of me  
away to children and  
old men that wait to  
die.**

**And if you need to  
cry, cry for your  
brother walking the  
street beside you.  
And when you need  
me, put your arms  
around anyone and  
give them what you  
need to give to me.**

**I want to leave you  
something, some-  
thing better than  
words or sounds.**

**Look for me in the  
people I’ve known or  
loved, and if you can-  
not give me away, at  
least let me live on in  
your eyes and not on  
your mind.**

**You can love me  
most by letting  
hands touch hands.  
By letting bodies  
touch bodies. And by  
letting go of children  
that need to be free.**

**Love doesn’t die,  
people do.**

**So, when all that’s  
left of me is love,**

**Give me away.**

**By Merrit Malloy**



**Christmas Party**

Thank you to Mike Kornrich for coming to perform for our residents, to the Wayne County Nursing Home Foundation for providing entertainment and to the kitchen & dietary staff for the amazing cookies and snacks. Finally thank you to Activity staff for the decorations and fun. We are looking forward to fantastic fun filled new year!

**National Guard**

Thank you to the National Guard members who continue to be here and assist us with resident care!!

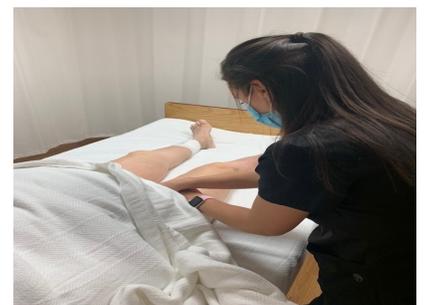


**SAVE THE DATE**

A Family Council meeting will be held on February 16 at 2:00 via Zoom. Invitations will be mailed to families later this month.

**Lymphedema Treatment**

The WCNH Rehabilitation Dept. is now offering a new therapy to treat lymphedema. Lymphedema is a build-up of fluid, usually in the arms or legs, which causes swelling, can slow wound healing, and can raise your risk of infection. Common causes of lymphedema are radiation, surgery, trauma to lymphatic system, cardiac involvement, venous insufficiency, infection, etc. Therapy can help manage the buildup of fluid as well as enhance a resident’s quality of life and overall health. Emily Hamilton, our occupational therapist, recently received her certification in lymphedema treatment through the Norton School of Lymphatic Therapy. She has started providing this service and has seen great success. If you would like to learn more about this therapy, please contact the Rehab Dept. at 315-946-5673 ext. 4669.





**Jeffrey Stalker, Administrator**  
315.946.5671

**January 2022**

## **Emergency Preparedness Plan**

*By Nursing/Administration*

In accordance with Federal State and local emergency preparedness requirements, Wayne County Nursing Home has developed an emergency preparedness plan.

### **WHAT IS AN EMERGENCY PREPAREDNESS PLAN?**

The term emergency preparedness refers to the steps you take to make sure you are safe before, during and after an emergency or natural disaster. These plans are important for resident's safety in both natural disasters and man-made disasters. Our facility emergency plan is reviewed and updated as needed. Our plan is:

- Based on facility and community based risk assessments
- Includes strategies for addressing emergency events identified by the risk assessments
- Address how the facility will respond to an emergency
- Includes a process for cooperation and collaboration with local, tribal, regional, State and Federal emergency preparedness officials

We also participate in the community Mutual Aid Plan which establishes a course of action and an agreed commitment among participating hospitals, nursing homes and assisted living residences to assist each other as needed in the time of a disaster.

Our facility team members receive annual education of emergency preparedness. Our education is taught by our facility RN Education, system Manager of Emergency Preparedness, and Facilities department.

The Wayne County Nursing Home team members practice various emergency drills throughout the year. The drills assist with our team being fully prepared for all emergencies.

Our facility emergency preparedness plan is reviewed and updated as needed. Our plan includes the following emergency elements:

Shelter in Place	Chemical Response	Armed Aggressors	Explosives
Evacuation	Missing Resident	Surge Capacity	Severe Weather
Biological Response	Radiological Response	Continuity of Operations	Fire Plan
Medical Countermeasures	Natural Disaster	96-hour Sustainability	Pandemic Emergency
Facilities Failure	Communication		

We always ensure that we have appropriate supplies to handle emergencies.

Wayne County Nursing Home's Comprehensive Emergency Management Plan manuals are located in the Administration Office.