



Caregiver Support Group: Newark, Wayne

Presented by: Alzheimer's Association

Rochester and Finger Lakes Region

Third Tuesday of the Month
5:45 - 6:45 p.m.

Newark Public Library

121 High Street
Newark, NY 14513

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

Visit alz.org to learn more about caregiver programs and resources. To further extend your network of support, visit [ALZConnected®](http://ALZConnected.org), our online community, at alzconnected.org.